

User Tips

glidefree™ transfer board tape is intended to reduce friction between your body and the transfer device—with or without clothing and in wet or dry transfers.

I. Use CAUTION as you begin using the transfer board with glidefree™ tape, as it now has a more slippery surface than what you may be accustomed to. We recommend having someone nearby to ensure you transfer safely during first few uses.

II. If you have any concerns about the safe use of this product, discontinue use immediately and contact your therapist or assistive technology professional for assistance with using your transfer board.

III. On occasions where the transfer board needs to be higher on one end, use CAUTION to prevent uncontrolled transfers. If height differences between transfer points is a routine issue, reduce or increase the number of glidefree™ strips to control the amount of friction reduction achieved for safe and effective use.

IV. glidefree™ tape will reach optimal adhesion to the transfer board 24 hours after application. If possible, avoid wet transfers for the first 24 hours.

***To view a short instructional video tutorial about glidefree™ tape installation, visit our website:**

<http://glidewear.com/shop/transfer-board-tape/>

Installation Instructions ***Video Available***

Tools and Supplies needed: Cleaner (soap/water) or rubbing alcohol, tape measure, and scissors

- 1) Before applying tape, clean the transfer board using soap and water or rubbing alcohol to ensure it is clean and free from body oils and debris.
- 2) Determine ideal glidefree™ tape placement (**4 or 5 strips is recommended**), spacing the tape approx. 1/2" apart.
- 3) Start placing the tape strips at either end of the board, leaving approx. 1" of tape over the edge, then wrap underneath the board to secure.
- 4) Proceed with rolling it across to the other end, being sure to keep the tape straight and under slight tension.
- 5) Cut the tape at the opposing end approx. 1" beyond the edge of the board; then wrap underneath the board to secure.

Repeat steps 3-5 for remaining tape strips.



- 6) Press fingertips firmly over entire surface of glidefree™ tape to ensure strong adhesion between the tape and transfer board.