

For questions & comments about  
glidefree™ Transfer Board Strips,  
email or call:

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**Disposal:** Recycle  
per federal, state,  
local regulations



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**LOT**

EC REP



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The Netherlands

*glidefree*™  
Transfer Board Strips with ShearBan® Technology

MADE IN  
MINNESOTA ★ U.S.A. ★



**Mfr. Part Number: SB-GF5**  
**Contents: 1 Kit (5 pcs.)**

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## **Installation Instructions** \*Video Available\*

*Tools and Supplies needed: Cleaner (soap/water) or rubbing alcohol, tape measure, marker, scissors, towel*

- 1) Clean the transfer board using soap and water or rubbing alcohol to ensure it is clean and free from soapy residue and body oils.
- 2) Determine glidefree™ tape placement (4 or 5 strips is recommended) - plan location of each strip to be approximately 1/2" to 3/4" apart.
- 3) Measure the board, adding 1" to 2" total length so tape can wrap securely around the back side.
- 4) Cut glidefree™ tape to desired length—round corners to prevent peeling during use.
- 5) Start placing tape by peeling back a few inches of the backing film—place the tape at the edge of the board, folding 1/2" to 1" around the back side.
- 6) Continue placing the tape on the board, removing the backing as you bring it across the board to the other side. Be sure to keep the tape under slight tension and aligned straight as you proceed.
- 7) Repeat procedure for remaining strips.
- 8) Press fingertips firmly over entire surface of glidefree™ strips to ensure a strong bond between the transfer board and adhesive tape.



*Photo's above illustrate tape application around transfer board handles and ends of the board*

## **User Tips**

glidefree™ transfer board tape is intended to reduce friction between your body and the transfer device—with or without clothing and in wet or dry transfers.

I. Use CAUTION as you begin using the transfer board with glidefree™ tape, as it now has a more slippery surface than what you may be accustomed. We recommend having someone nearby to ensure transfer safety during first few uses.

II. If you have any concerns about the safe use of this product, discontinue use immediately and contact your therapist or assistive technology professional for assistance with using your transfer board.

III. On occasions where the transfer board needs to be higher on one end, use CAUTION to prevent uncontrolled transfers. If height differences between transfer points is a routine issue, reduce or increase the number of glidefree™ strips to reduce or increase the amount of friction reduction desired for safe and effective use..

IV. glidefree™ tape will reach optimal adhesion to the transfer board 24 hours after application. If possible, avoid wet transfers for the first 24 hours.

**\*To view a short instructional video tutorial on proper glidefree™ tape placement, visit our website:**

<http://www.tamarackhti.com/shop/transfer-board-tape>